

Equine Veterinary Surgery

Evening Talk - Tuesday 15th March 2016

"Competing at your best."



Have you ever felt nervous whilst riding or competing? This talk is for you!

We are thrilled to announce that our guest speaker at 7.30pm on Tuesday 15th March 2016 will be **Charlie Unwin**, Performance Psychologist to many stars of the equestrian world including Sharon Hunt, Lucinda Green and the Great Britain Young-Rider and Junior Teams. Charlie is not only a fantastic psychologist who will be able to improve both your competition performance and general riding, he is also a great communicator and engaging speaker. This promises to be our best evening talk yet, so make sure you book your place by contacting the office on **01376 513369**. Full details are available on our website and Facebook page, as always.

Last Chance To Win £500 With A Dental Check-up

We are giving away £500 to one lucky client in our amazing prize draw. All you have to do to enter the draw is get your horse's teeth checked and treated as necessary by one of our vets before the end of March (if you've already had them checked in January or February you've already entered!). The winner will be chosen at random at the end of the month and receive £500 in cash once any balance on their account is cleared. To book your dental check-up, just call the office today. Normal fees for any visit and dental work will apply. Our 2016 prices for routine dental work are:

• Dental check with gag and light source (no rasp required): £26 inc vat

• Routine rasp of sharp enamel edges and focal overgrowths: £48 inc vat (no sedation) £60 with sedation







All of our veterinary surgeons are fully equipped, qualified and insured to carry out equine dental work. We all use portable HDE Evolution Flexxidisc rasps for quiet, safe and efficient dental rasping, so make sure your horse's teeth are in tip-top condition for 2016! See online for further details.

Keep the Spring in their step!

Make sure you're doing all you can to avoid laminitis this Spring. We have already seen a flush of the disease this year, with 14 new cases seen by Paton and Lee in February 2016, compared with 8 in 2015. The mild winter and recent frosts haven't helped, and with a mild wet start to March the risk is likely to rise. Remember these key points when trying to avoid laminitis

- Cut back the carbs: Ponies, donkeys and horses have all evolved to lose weight during the harsh winter months. It is our human intervention that keeps them in 'good' condition. If your horses or pony still has fat pads behind the shoulder, a distinct crest, or ribs that can't easily be seen or felt, cut back their carbohydrate content now and take extra care when it comes to Spring turnout.
- **Prolong their eating time:** Dieting horses don't need to stand for hours on an empty stomach, and doing so could lead to behavioural problems or ulcers. Prolong your horse's eating time so that they have access to roughage for <u>longer</u>, without having <u>more</u>. Double netting their hay and hanging it from the middle of the ceiling rather than against a wall will slow them down. Also, soaking hay for 12 hours will remove the sugars.
- Make a weight loss plan: Paton and Lee now have a weighbridge at the practice, so for just £5 you can get an accurate weight for your horse. Weight-tapes are also perfect for tracking your pony's weight and setting targets to aim for. We're happy to give advice on a target weight for your pony and how to achieve it through dietary control, so call the office today and speak to one of our vets if you'd like advice on avoiding laminitis.
- Take care with turnout: It's a simple fact that most horse owners have too much grass! Remember that your horse's calorie intake will shoot up once grazing on growing grass for hours at a time, so restrict your grazing according to body-condition and don't forget to cut back on other calories once grass intake increases. Using a grazing muzzle can be very helpful, but make sure you fit it properly this month we've shared a helpful video about fitting them on our website.

Worming Care Packages

As we move into Spring, it's time to think about checking your horse's faecal worm egg count to make sure your worm prevention is working effectively. We now have a simple and affordable way for all of our clients to get the best possible independent and expert advice about managing their horse's worming protocol. Our worming care package covers an entire year of worming advice and standard worm treatment for your horse including:

- 3 worm egg counts between March and November, with a text reminder service so you won't forget
- Equest® Pramox treatment (up to 700kg) for effective larvicidal and tapeworm treatment once during the winter period (December to February).
- Professional veterinary worming advice tailored to your individual needs, including an email follow-up of your own worming programme.

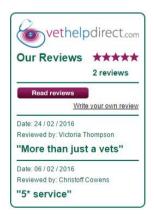
The service costs £49.50 per horse. Full details are available online, or call and ask to speak to Zoë Windley MRCVS.

Owner Feedback



We always aim to provide the very best service for all our clients and their equine friends. We love to hear your feedback, so if you have any comments or thoughts please feel free to drop us a line or write a review. There are lots of ways you can get your feedback about Paton and Lee heard: e-mail us at info@patonandlee.co.uk, call 01376 513369 and let the office know if you have any thoughts about our services (either things we can do better or things we've done well) or leave a review on our Facebook page, Google+ page or via Vethelpdirect.com – the links are all on our website.

We're delighted to have an average rating of **4.9** out of **5** over the **108** reviews that have been left on our Facebook page, so thank you to everyone who's left a review for your kind words!



Check your Cheques please!

We're now a limited company, so if you're paying by cheque please make them payable to **Paton and Lee Ltd**.

Thank you.

Thank you once again for choosing to use Paton and Lee to treat your horse, pony or donkey. Paton and Lee, Oak Road, Rivenhall, Essex, CM8 3HG 01376 513369 info@patonandlee.co.uk